



2013

**Men's Premiership Football
Competitions**

HANDBOOK



Head of Competitions

Claude Cuda Mobile: 0438 281 629

Deputy Head

Milco Stojanoski Mobile: 0407 251 618

Men's Premiership Committee

Claude Cuda	Milco Stojanoski
Tom Clark	Bruce Cunningham
Peter Dent	Claude Guido
Joshua Bignell	

Men's Amateur Co-Ordinator

Danny Gades

Competitions Manager

David Naylor Work: 4285 6929
 Mobile: 0404 046 929
 Email: davidnaylor@footballsouthcoast.com

FSC Board of Directors

Chairman	Eddy De Gabriele
Deputy Chair	Nicki Bowman

Administration Officers

CEO	Bill Kostandas	ceo@footballsouthcoast.com
Administration Manager	Nichole Mears	admin@footballsouthcoast.com
Technical Director	Glenn Fontana	glennfontana@footballsouthcoast.com



Club Information

Albion Park White Eagles

President	Andrew Byron	0424 220 945	andrewbyron2011@gmail.com
Secretary	James Pickup	0417 681 098	james-pickup@bigpond.com
Coach	Alfredo Esteves	0411 849 163	
Home Strip	Red with White trim shirts, Blue shorts with White trim, White socks with Blue trim		
Alternate Strip	White shirt with Red trim, Red shorts with White trim, Red socks with White trim		
Ground	Terry Reserve, Hughes Drive, Albion Park		
Website	apwe@whiteeagles.com.au		

Balgownie Rangers

President	Travis Faulks	0421 527 584	mesokurtic@yahoo.com.au
Secretary	Brent Wilson	0422 055 777	balgownierangers@gmail.com
Coach	Stewart Oliver	0419 616 452	
Home Strip	Black / White quarter shirts, Black shorts, Black socks		
Alternate Strip	Red / White hoop shirts, Black shorts, White socks		
Ground	Judy Masters Oval, Parra Street, Balgownie		
Website	www.balgownierangers.com.au		

Bellambi

President	Joshua Dodd	0419 868 538	joshuadodd@me.com
Secretary	Matt Demos	0404 193 548	mattdemos@live.com.au
Coach	Greg Smart	0417 058 262	
Home Strip	White shirts with Red / Green trim, White shorts with Red / Green trim, Green socks		
Alternate Strip	Green shirts with Red trim, Green shorts with Red trim, White socks		
Ground	Elizabeth Park, Cawley Road, Bellambi		
Website			

Berkeley Sports

President	Michael King	0407 266 047	halifax1@optusnet.com
Secretary	Craig Chapman	0401 572 173	berkeleyfc@hotmail.com
Coach	Jason Higgs	0433 074 393	
Home Strip	Emerald Green with White stripe shirts, Black shorts, Black socks		
Alternate Strip	White shirts, White shorts, White socks		
Ground	Berkeley Sports & Social Club Ground, Wilkinson Street, Berkeley		
Website	www.berkeleyfootballclub.com		



Bulli

President	Paul Connery	0410 334 182	paul.connery@bevans.com.au
Secretary	Dane Hamilton	0413 561 598	hamilton.dane@gmail.com
Coach	Ben Smith	0417 494 815	
Home Strip	Royal Blue shirts, Royal Blue shorts, Royal Blue socks		
Alternate Strip	White shirts, White shorts, White socks		
Ground	Balls Paddock, Luxor Street, Woonona		
Website	www.bullifc.com.au		

Coniston Lions

President	Peter Tupacovski	0404 850 559	
Secretary	Mile Siljanovski	0402 409 329	msiljanovski@southernsteel.com.au
Coach	Yani Sekuloski	0438 255 575	
Home Strip	Red / Yellow / Black shirts, Black shorts, Black socks		
Alternate Strip	Yellow / Black shirts, Black shorts, Yellow socks		
Ground	JJ Kelly Park, Cnr Swan & Keira Street, Wollongong		
Website			

Corrimal Rangers

President	Michael Cappetta	0423 005 068	michaelcappetta@hotmail.com
Secretary	Beryl Dent		michaelcappetta@hotmail.com
Coach	Paul Robaard	0434 423 019	
Home Strip	Red / White sleeve shirts, Red shorts, Red socks		
Alternate Strip	Light Blue / Navy trim shirts, Black shorts, Black socks		
Ground	Memorial Park, Wilga Street, Corrimal		
Website			

Cringila Lions

President	Bale Mitkovski	0416 865 937	
Secretary	Ile Karamacoski	0438 727 843	i.karamac@hotmail.com
Coach	Lupco Dafkoski	0405 385 364	
Home Strip	Red / White shirts, Black / Red trim shorts, Red / Black trim socks		
Alternate Strip	White shirts, White shorts, Black / Red stripe socks		
Ground	Crehan Park, Merrett Avenue, Cringila		
Website			



Dapto Dandaloo Fury

President	Paul Morgan	0438 626 969	daysindustrial@bigpond.com
President	Darren Sparks	0418 454 028	darren@illawarraturf.com.au
Secretary	Georgina Jones	0458 003 145	georgina.jones6@bigpond.com
Coach	Norm Boardman	0407037 883	
Home Strip	Green / White shirts Orange / Blue trim, White shorts Blue / Green trim, White socks		
Alternate Strip	Black with Yellow trim shirts, Black with Yellow trim shorts, Yellow socks		
Ground	Dandaloo Sports Ground, off Kanahooka Road, Kanahooka		
Website			

Fernhill

President	Craig Armour	0419 625 952	carmour@wollongong.nsw.gov.au
Secretary	Ray Saye	0422 374 556	raysaye@bigpond.com
Coach	Julio Miranda	0413 060 665	julio.miranda71@gmail.com
Home Strip	Red / White shirts, White shorts, Red socks		
Alternate Strip	Light Blue shirts, Light Blue shorts, Light Blue socks		
Ground	Ray Robinson Field, Cnr Moray & Towradgi Road, Towradgi		
Website	www.fernhillfc.com		

Helensburgh Thistle

President	Bob Hennessy	0402 094 820	bob.hennessy@pactera.com
Secretary	Greg Rendell	0411 273 338	grendell59@gmail.com
Coach	Matt Callahan	0402 884 389	
Home Strip	Black / Gold vertical stripe shirts, Black shorts, Gold socks		
Alternate Strip	White shirts, White shorts, Black socks		
Ground	Rex Jackson Oval, Helensburgh		
Website	www.helensburghsoccer.org		

Kemblawarra

President	Julio Neto	0407 782 734	jjneto57@msn.com
Secretary	Rob Oliveira	0423 513 585	ilownu@hotmail.com
Coach	Rob Ristevski	0421 045 581	
Home Strip	Red shirts, Red shorts, Red socks		
Alternate Strip	White shirts, White shorts, White socks		
Ground	Albert Butler Memorial Park, Cnr Shellharbour Rd & King Street, Primbee		
Website			



Kiama Quarriers

President	Jeremy Bull	0418 381 947	traceyjeremy@hotmail.com
Secretary	Pauline Pickles	0421 149 704	kiamaquarriersfc@gmail.com
Coach	Larry Beringer		
Home Strip	Navy with Sky Blue / White trim shirts, Navy shorts, Navy with white band socks		
Alternate Strip	White with Sky Blue trim shirts, White shorts, White socks		
Ground	Kiama Leisure Centre, Havilah Place, Kiama		
Website	www.kiamaquarriers.sportingpulse.net		

Oak Flats Falcons

President	Joe Dimech	0413 474 018	
Secretary	Mark Borg	0407 263 040	markb@edmen.com.au
Coach	Matt Borg	0414 619 236	
Home Strip	Red / White stripe shirts, Red shorts, Red socks		
Alternate Strip	Purple / Black shirts, Black shorts, Black socks		
Ground	Keith Bond Oval, Fisher Street, Oak Flats		
Website	www.facebook.com/OakFlatsFalcons		

Picton Rangers

President	Michael Millen	0413 783 996	millenautomotive@bigpond.com
Secretary	Katie Millen	0421 208 883	kmillen@repucom.net
Coach	Alex Prophet	0438 096 644	
Home Strip	Maroon shirts, White shorts, Maroon socks		
Alternate Strip	Gold shirts, Maroon / Gold trim shorts, Gold socks		
Ground	Hume Oval, Downing Road, Picton		
Website	www.pictonrangersfc.com.au		

Port Kembla

President	Emilio Salucci	0419 261 664	salucciE@transfieldservices.com
Secretary	Maria Cazzolli	0411 372 411	mariacazzolli@bigpond.com
Coach	Stuart Beedie	0419 439 924	
Home Strip	Black / White stripe shirts, Black / White piping shorts, Black / White hoop socks		
Alternate Strip	Sky Blue shirts, Sky Blue shorts, White socks		
Ground	Wetherall Park, Nicolle Road, Primbee		
Website	www.portkemblafootballclub.com.au		



Shell Cove FC

President	Goran Georgievski	0405 322 433	gorangeorgievski@corbanauto.com.au
Secretary	Slavco Kotevski	0431 406 522	slavco65@yahoo.com.au
Coach	Robert Mihailov	0408 084 709	the11f@hotmail.com
Home Strip	Red / Black stripe shirts, White shorts, Black socks		
Alternate Strip	Black shirt, Black shorts, Red socks		
Ground	Myimbar Park, Shellharbour Road, Shellharbour		
Website			

South Coast United

President	Zdenko Loncar	0402 337 303	president@scunited.com
Secretary	Ivo Spanicek	0402 858 576	secretary@scunited.com.au
Coach	Michael Garcia	0409 760 128	magarcia@tpg.com.au
Home Strip	White shirts, White shorts, White socks		
Alternate Strip	Blue shirts, Blue shorts, Blue socks		
Ground	Sir Ian McLennan Park, Wyllie Road, Kembla Grange		
Website	www.scunited.com.au		

Tarrawanna

President	Steven Naylor	0413 458 663	naylors@stgeorge.com.au
Secretary	Fiona Simpson	0414 877 134	gf.simpson@bigpond.com
Coach	Luke McGuire	0451 155 392	luke.mcguire@syd.catholic.edu.au
Home Strip	Blue shirts, Blue shorts, White socks		
Alternate Strip	Red shirts, Blue / Red shorts, Blue socks		
Ground	Tarrawanna Oval, Harrigan Street, Tarrawanna		
Website			

Thirroul Thunder

President	Lindsay Hodda		hodda@me.com
Secretary	Danielle Foster	0414 540 936	secretary@thirroulfootball.com.au
Coach	Ian Cirson	0402 050 138	iancirson@hotmail.com
Home Strip	Royal Blue / White trim shirts, Royal Blue / White trim shorts, Royal Blue socks		
Alternate Strip	White shirts, White / Royal Blue trim shorts, White / Royal Blue socks		
Ground	Thomas Gibson Park, Station Street, Thirroul		
Website	www.thirroulfootball.com.au		



University of Wollongong

President	Craig Barrass	0413 954 641	
Secretary	David Watts		uowfc@hotmail.com
Coach	David Watts		
Home Strip	Blue shirts, Royal Blue shorts, Royal Blue socks		
Alternate Strip	White shirts, White shorts, White socks		
Ground	Kooloobong Oval, Northfields Avenue, Keiraville		
Website	www.uowfc.org.au		

Warilla Wanderers

President	Manny Paniagua	0413 427 267	Mapan55@iprimus.com.au
Secretary	TBA		
Coach	Barney King	0414 879 570	Barney.King@dcs.nsw.gov.au
Home Strip	White shirts, White shorts, White socks		
Alternate Strip	Red shirts, Red shorts, Red socks		
Ground	King Mickey Park, George Street, Warilla		
Website	www.facebook.com/pages/warilla-wanderers		

Wests Illawarra

President	Paul Boscaro	0499 641 228	pcboscaro@gmail.com
Secretary	Donna Gregory	0407 492 637	westillawarrafc@hotmail.com
Coach	Jorge Alarcon	0413 007 216	glabjor@hotmail.com
Home Strip	Red / White trim shirts, Red shorts, Red socks		
Alternate Strip	Black / Yellow trim shirts, Black / Yellow trim shorts, Yellow / Black trim socks		
Ground	Unanderra Oval, Richards Street, Unanderra		
Website	www.facebook.com/pages/Wests-Illawarra-FC		

Wollongong Olympic

President	Chris Agno	0412 371 656	admin@olympicfc.com.au
Secretary	Con Prandalos	0417 209 827	admin@olympicfc.com.au
Coach	Wayne Farnsworth	0402 390 914	
Home Strip	Light Blue / White stripe shirts, Light Blue / White stripe shorts, Light Blue socks		
Alternate Strip			
Ground	PCYC, Exeter Avenue, North Wollongong		
Website	www.olympicfc.com.au		



Wollongong United

President	Peter Vrtkovski	0419 120 319	vrtkovskip@transfieldservices.com
Secretary	Krume Spirovski	0412 124 242	kspirovski@westpac.com.au
Coach	Paul Carter	0438 465 479	carterpa1@optusnet.com.au
Home Strip	Red / Yellow shirt, Red shorts, Red / Yellow socks		
Alternate Strip	Black shirt, Yellow shorts, Yellow socks		
Ground	Macedonia Park, Hooka Creek Road, Berkeley		
Website	www.wufc.com.au		

Woonona

President	Steve Woodiwiss	0437 096 260	swoodiwi@bigpond.net.au
Secretary	Gareth Lewis	0418 611 127	gareth.lewis@hotmail.com
Coach	Rob Bemi	0419 415 425	rob.bemi@bluescopesteel.com
Home Strip	Royal Blue / Red / White trim shirts, Blue / Red / White trim shorts, Blue socks		
Alternate Strip	White / Red collar shirts, Royal Blue shorts, Red socks		
Ground	Ocean Park, Woonona		
Website	www.woononasharks.com		

ILLAWARRA MERCURY PREMIER LEAGUE COMPETITION DRAW 2013

Note: Subject to change

Premier League Kick Off Times - Y/G 12.30pm & 2.30pm (unless otherwise stated)

Cringila Lions playing all home games on Friday nights, except Round 22 (KO Y/G 6pm & F/G 8pm)

Dapto Dandaloo playing all home games on Sundays except Round 22

South Coast United playing all home games on Sundays except Round 1

Round 1		29th March
Wollongong United	v	Albion Park White Eagles (5pm & 7pm)
Tarrawanna	v	Coniston Lions
Bulli	v	Dapto Dandaloo FC
South Coast United		Cringila Lions (Thurs 28/3 6pm & 8pm)
Port Kembla	v	Wollongong Olympic
Woonona	v	Fernhill
Round 2		6th April
Coniston Lions	v	Wollongong United
Albion Park White Eagles	v	Woonona
Port Kembla	v	Fernhill (Fri 5/4 6pm & 8pm)
Cringila Lions	v	Wollongong Olympic
Dapto Dandaloo FC	v	South Coast United
Tarrawanna	v	Bulli
Round 3		13th April
Coniston Lions	v	Albion Park White Eagles (Fri 12/4 6pm & 8pm)
Bulli	v	Wollongong United
South Coast United	v	Tarrawanna
Wollongong Olympic	v	Dapto Dandaloo FC
Fernhill	v	Cringila Lions
Woonona	v	Port Kembla
Round 4		20th April
Wollongong United	v	South Coast United (5pm & 7pm)
Albion Park WE	v	Bulli (3pm & 5pm)
Woonona	v	Coniston Lions
Cringila Lions	v	Port Kembla
Dapto Dandaloo FC	v	Fernhill
Tarrawanna	v	Wollongong Olympic

Round 5		27th April
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Bulli	v	Coniston Lions
Albion Park WE	v	South Coast United
Wollongong Olympic	v	Wollongong United
Fernhill	v	Tarrawanna
Port Kembla	v	Dapto Dandaloo FC (Sun 28/4)
Woonona	v	Cringila Lions

Round 6		4th May
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Wollongong United	v	Fernhill
Albion Park WE	v	Wollongong Olympic (Fri 3/5 6pm & 8pm)
Coniston Lions	v	South Coast United (Fri 3/5 6pm & 8pm)
Bulli	v	Woonona
Dapto Dandaloo FC	v	Cringila Lions
Tarrawanna	v	Port Kembla

Round 7		11th May
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South Coast United	v	Bulli
Wollongong Olympic	v	Coniston Lions
Fernhill	v	Albion Park WE
Port Kembla	v	Wollongong United (Sun 12/5)
Cringila Lions	v	Tarrawanna
Dapto Dandaloo FC	v	Woonona

Round 8		18th May
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Wollongong United	v	Cringila Lions (Sun 19/5)
Albion Park WE	v	Port Kembla (Fri 17/5 6pm & 8pm)
Coniston Lions	v	Fernhill
Bulli	v	Wollongong Olympic
South Coast United	v	Woonona
Tarrawanna	v	Dapto Dandaloo FC

Round 9		25th May
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Wollongong Olympic	v	South Coast United
Fernhill	v	Bulli
Port Kembla	v	Coniston Lions (Sun 26/5)
Cringila Lions	v	Albion Park WE
Dapto Dandaloo FC	v	Wollongong United
Woonona	v	Tarrawanna

Round 10		1st June
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Wollongong United	v	Tarrawanna
Albion Park WE	v	Dapto Dandaloo FC (3pm & 5pm)
Cringila Lions	v	Coniston Lions
Port Kembla	v	Bulli
South Coast United	v	Fernhill
Wollongong Olympic	v	Woonona

Round 11**8th June**

Woonona	v	Wollongong United
Fernhill	v	Wollongong Olympic
South Coast United	v	Port Kembla
Bulli	v	Cringila Lions
Coniston Lions	v	Dapto Dandaloo FC
Tarrawanna	v	Albion Park WE

Round 12**15th June**

Albion Park WE	v	Wollongong United
Coniston Lions	v	Tarrawanna
Dapto Dandaloo FC	v	Bulli
Cringila Lions	v	South Coast United
Wollongong Olympic	v	Port Kembla (Sun 16/6)
Fernhill	v	Woonona

Round 13**22nd June**

Wollongong United	v	Coniston Lions
Woonona	v	Albion Park WE
Fernhill	v	Port Kembla
Wollongong Olympic	v	Cringila Lions
South Coast United	v	Dapto Dandaloo FC
Bulli	v	Tarrawanna

Round 14**29th June**

Albion Park WE	v	Coniston Lions
Wollongong United	v	Bulli
Tarrawanna	v	South Coast United
Dapto Dandaloo FC	v	Wollongong Olympic
Cringila Lions	v	Fernhill
Port Kembla	v	Woonona

Round 15**6th July**

South Coast United	v	Wollongong United
Bulli	v	Albion Park WE
Coniston Lions	v	Woonona
Port Kembla	v	Cringila Lions (Sun 7/7)
Fernhill	v	Dapto Dandaloo FC
Wollongong Olympic	v	Tarrawanna

Round 16**20th July**

Coniston Lions	v	Bulli
South Coast United	v	Albion Park WE
Wollongong United	v	Wollongong Olympic
Tarrawanna	v	Fernhill
Dapto Dandaloo FC	v	Port Kembla
Cringila Lions	v	Woonona

Round 17**27th July**

Fernhill	v	Wollongong United
Wollongong Olympic	v	Albion Park WE
South Coast United	v	Coniston Lions
Woonona	v	Bulli
Cringila Lions	v	Dapto Dandaloo FC
Port Kembla	v	Tarrawanna

Round 18**3rd August**

Bulli	v	South Coast United
Coniston Lions	v	Wollongong Olympic
Albion Park WE	v	Fernhill
Wollongong United	v	Port Kembla (Sun 4/8)
Tarrawanna	v	Cringila Lions
Woonona	v	Dapto Dandaloo FC

Round 19**10th August**

Cringila Lions	v	Wollongong United
Port Kembla	v	Albion Park WE (Sun 11/8)
Fernhill	v	Coniston Lions
Wollongong Olympic	v	Bulli
Woonona	v	South Coast United
Dapto Dandaloo FC	v	Tarrawanna

Round 20**17th August**

South Coast United	v	Wollongong Olympic
Bulli	v	Fernhill
Coniston Lions	v	Port Kembla
Albion Park WE	v	Cringila Lions (Fri 16/8 6pm & 8pm)
Wollongong United	v	Dapto Dandaloo FC
Tarrawanna	v	Woonona

Round 21**24th August**

Tarrawanna	v	Wollongong United
Dapto Dandaloo FC	v	Albion Park WE
Coniston Lions	v	Cringila Lions (Sun 25/8)
Bulli	v	Port Kembla
Fernhill	v	South Coast United
Woonona	v	Wollongong Olympic

Round 22**31st August**

Wollongong United	v	Woonona
Wollongong Olympic	v	Fernhill
Port Kembla	v	South Coast United
Cringila Lions	v	Bulli
Dapto Dandaloo FC	v	Coniston Lions
Albion Park WE	v	Tarrawanna



Note: Subject to change

District League Kick off Times - Y/G 11.00am, R/G 1.00pm & F/G 3.00pm (unless otherwise stated)

Illawarra Credit Union / Peoplecare District League Competition Draw 2013

Illawarra Credit Union District League		Peoplecare District League	
29th March		Round 1	
Corrimal Rangers	v Bye	Bellambi	v Shell Cove FC
Kiama Quarriers	v Berkeley Sports FC	Bye	v Picton Rangers
UOW FC	v Helensburgh Thistle	Oak Flats Falcons	v Balgownie Rang
Wests Illawarra	v Kemblawarra	Warilla Wanderers	v Thirroul(Sat 30/3)
6th April		Round 2	
Berkeley Sports FC	v Wests Illawarra	Balgownie Rangers	v Bellambi
Bye	v UOW FC	Picton Rangers	v Warilla Wand
Helensburgh Thistle	v Kiama Quarriers	Shell Cove FC	v Bye
Kemblawarra	v Corrimal Rangers	Thirroul FC	v Oak Flats Falcons
13th April		Round 3	
Corrimal Rangers	v Wests Illawarra	Bellambi	v Thirroul FC
Helensburgh Thistle	v Berkeley Sports FC	Bye	v Balgownie Rang
Kiama Quarriers	v Bye	Oak Flats Falcons	v Warilla Wand
University of Wollongong	v Kemblawarra	Shell Cove FC	v Picton Rangers
20th April		Round 4	
Berkeley Sports FC	v Corrimal Rangers	Picton Rangers	v Oak Flats Falcons
Bye	v Helensburgh Thistle	Shell Cove FC	v Balgownie Rang
Kemblawarra	v Kiama Quarriers	Thirroul FC	v Bye
Wests Illawarra	v UOW FC	Warilla Wanderers	v Bellambi
27th April		Round 5	
Bye	v Berkeley Sports FC	Balgownie Rangers	v Picton Rangers
Helensburgh Thistle	v Kemblawarra	Bellambi	v Oak Flats Falcons
Kiama Quarriers	v Wests Illawarra	Bye	v Warilla Wand
University of Wollongong	v Corrimal Rangers	Shell Cove FC	v Thirroul FC
4th May		Round 6	
Berkeley Sports FC	v UOW FC	Oak Flats Falcons	v Bye
Corrimal Rangers	v Kiama Quarriers	Picton Rangers	v Bellambi
Kemblawarra	v Bye	Thirroul FC	v Balgownie Rang
Wests Illawarra	v Helensburgh Thistle	Warilla Wanderers	v Shell Cove FC
11th May		Round 7	
Bye	v Wests Illawarra	Balgownie Rangers	v Warilla Wand
Corrimal Rangers	v Helensburgh Thistle	Bye	v Bellambi
Kemblawarra	v Berkeley Sports FC	Oak Flats Falcons	v Shell Cove FC
Kiama Quarriers	v UOW FC	Thirroul FC	v Picton Rangers

Illawarra Credit Union & Peoplecare District Leagues (Crossover Rounds)

18th May

Round 8

Berkeley Sports FC	v	Balgownie Rangers	Kiama Quarriers	v	Thirroul FC
Corrimal Rangers	v	Oak Flats Falcons	UOW FC	v	Warilla Wand
Helensburgh Thistle	v	Bellambi	Wests Illawarra	v	Shell Cove FC
Kemblawarra	v	Picton Rangers			

25th May

Round 9

Balgownie Rangers	v	Kemblawarra	Shell Cove FC	v	Corrimal Rangers
Bellambi	v	Wests Illawarra	Thirroul FC	v	Berkeley Sports
Oak Flats Falcons	v	UOW FC	Warilla Wanderers	v	Helensburgh
Picton Rangers	v	Kiama Quarriers			

1st June

Round 10

Berkeley Sports FC	v	Oak Flats Falcons	Kiama Quarriers	v	Shell Cove FC
Corrimal Rangers	v	Bellambi	UOW FC	v	Balgownie Rang
Helensburgh Thistle	v	Picton Rangers	Wests Illawarra	v	Thirroul FC
Kemblawarra	v	Warilla Wanderers			

8th June

Round 11

Balgownie Rangers	v	Kiama Quarriers	Shell Cove FC	v	UOW FC
Bellambi	v	Kemblawarra	Thirroul FC	v	Corrimal Rangers
Oak Flats Falcons	v	Helensburgh Thistle	Warilla Wanderers	v	Wests Illawarra
Picton Rangers	v	Berkeley Sports FC			

15th June

Round 12

Berkeley Sports FC	v	Bellambi	Kiama Quarriers	v	Warilla Wand
Corrimal Rangers	v	Picton Rangers	UOW FC	v	Thirroul FC
Helensburgh Thistle	v	Shell Cove FC	Wests Illawarra	v	Balgownie Rang
Kemblawarra	v	Oak Flats Falcons			

22nd June

SPARE WEEKEND FOR RESCHEDULED MATCHES

29th June

Round 13

Balgownie Rangers	v	Helensburgh Thistle	Thirroul FC	v	Kemblawarra
Bellambi	v	Kiama Quarriers	Warilla Wanderers	v	Corrimal Rangers
Picton Rangers	v	UOW FC	Wests Illawarra	v	Oak Flats Falcons
Shell Cove FC	v	Berkeley Sports FC			

6th July

Round 14

Bellambi	v	UOW FC	Shell Cove FC	v	Kemblawarra
Corrimal Rangers	v	Balgownie Rangers	Thirroul FC	v	Helensburgh
Oak Flats Falcons	v	Kiama Quarriers	Warilla Wanderers	v	Berkeley Sports
Picton Rangers	v	Wests Illawarra			

Illawarra Credit Union District League**Peoplecare District League****13th July****Round 15**

Berkeley Sports FC	v	Kiama Quarriers	Balgownie Rangers	v	Oak Flats Falcons
Bye	v	Corrimal Rangers	Picton Rangers	v	Bye
Helensburgh Thistle	v	UOW FC	Shell Cove FC	v	Bellambi
Kemblawarra	v	Wests Illawarra	Thirroul FC	v	Warilla Wand

20th July**Round 16**

Corrimal Rangers	v	Kemblawarra	Bellambi	v	Balgownie Rang
Kiama Quarriers	v	Helensburgh Thistle	Bye	v	Shell Cove FC
University of Wollongong	v	Bye	Oak Flats Falcons	v	Thirroul FC
Wests Illawarra	v	Berkeley Sports FC	Warilla Wanderers	v	Picton Rangers

27th July**Round 17**

Berkeley Sports FC	v	Helensburgh Thistle	Balgownie Rangers	v	Bye
Bye	v	Kiama Quarriers	Picton Rangers	v	Shell Cove FC
Kemblawarra	v	UOW FC	Thirroul FC	v	Bellambi
Wests Illawarra	v	Corrimal Rangers	Warilla Wanderers	v	Oak Flats Falcons

3rd August**Round 18**

Corrimal Rangers	v	Berkeley Sports FC	Balgownie Rangers	v	Shell Cove FC
Helensburgh Thistle	v	Bye	Bellambi	v	Warilla Wand
Kiama Quarriers	v	Kemblawarra	Bye	v	Thirroul FC
University of Wollongong	v	Wests Illawarra	Oak Flats Falcons	v	Picton Rangers

10th August**Round 19**

Berkeley Sports FC	v	Bye	Oak Flats Falcons	v	Bellambi
Corrimal Rangers	v	UOW FC	Picton Rangers	v	Balgownie Rang
Kemblawarra	v	Helensburgh Thistle	Thirroul FC	v	Shell Cove FC
Wests Illawarra	v	Kiama Quarriers	Warilla Wanderers	v	Bye

17th August**Round 20**

Bye	v	Kemblawarra	Balgownie Rangers	v	Thirroul FC
Helensburgh Thistle	v	Wests Illawarra	Bellambi	v	Picton Rangers
Kiama Quarriers	v	Corrimal Rangers	Bye	v	Oak Flats Falcons
University of Wollongong	v	Berkeley Sports FC	Shell Cove FC	v	Warilla Wand

24th August**Round 21**

Berkeley Sports FC	v	Kemblawarra	Bellambi	v	Bye
Helensburgh Thistle	v	Corrimal Rangers	Picton Rangers	v	Thirroul FC
University of Wollongong	v	Kiama Quarriers	Shell Cove FC	v	Oak Flats Falcons
Wests Illawarra	v	Bye	Warilla Wanderers	v	Balgownie Rang



Match Day Protocols

Part A

Prior to Kick Off

1. Team Sheets

- a. To be supplied by the home club
- b. To be provided to the Referee 15 minutes prior to kick off

2. Match Balls

Three Football South Coast sponsored match balls to be provided to the referee 15 minutes prior to kick off.

3. Ground Marshalls

Six (6) from the Home Club and Four (4) from the Away Club correctly identified by wearing Football South Coast Vests.

4. Kick Off Times

Normal Fixtures

Premier League

Youth Grade	12.30pm	45 x 45 min plus stoppage time
First Grade	2.30pm	45 x 45 min plus stoppage time

District League

Youth Grade	11.00am	45 x 45 min plus stoppage time
Reserve Grade	1.00pm	45 x 45 min plus stoppage time
First Grade	3.00pm	45 x 45 min plus stoppage time

Unless otherwise notified by the competition coordinator

5. Non Attendance of Match Officials at Matches

Should appointed Match Officials not be in attendance by the appointed time, it is the responsibility of the home club to provide the referee / assistant referee. The appointed person must control the whole game except whereby, a suitably qualified and identified Referee in uniform shall take over from the unqualified person.

6. The Bench

Only ten (10) persons in total may sit on the bench comprising of:-

Five (5) substitute players (six (6) in Youth Grade). Fluro vests to be worn.

Five (5) (maximum) Team / Club Officials must be registered and have their ID clearly visible on the front of their clothing or on a lanyard at all times to be permitted in the technical / bench area. It is the responsibility of the Team Manager (where no 4th Official is available) to police this directive.

NOTE: Under no circumstances must suspended or injured players sit in the Technical Area. Fines will apply for any breach.

Part B

After the Match Concludes

1. Team Sheet

- a. Team Managers are to sign the Team Sheet at the end of the match ensuring that all details are correct. Please check carefully, the scores/scorers/cautions etc, as there are no appeals once the Team Sheet is received by Football South Coast.
In carrying out his duties the Team Manager is not to engage in any behaviour that may be deemed inappropriate by Football South Coast or the Match Officials.
- b. The Referee is to advise the Team Manager if it is his intention to complete an Incident Report in relation to any incidents that occurred during the course of the match, eg; Coach removed from Technical Area.
- c. Referee to forward the **original** team sheet to Football South Coast so that it arrives **prior** to the Wednesday following the fixture. Faxed or email copies are not acceptable.

Note: Under no circumstances are players, coach or club officials (Team Managers exempted) from either club permitted to enter the Referees room prior to the start or completion of matches.

Ground Officials will ensure that no unauthorised persons are permitted to enter the Referees room.

Any player, coach, team manager or club official who breaches this requirement (Part B 1) will be cited to appear before the General Purpose Tribunal.

2. Results

Must be telephoned to Football South Coast by the home club involved in the fixture.

Telephone: 0404 046 929 (SMS or leave a message)

Part C

Miscellaneous

1. Match Official Fees

To be paid by the Home Club (not on the day) this will be invoiced monthly.

Premier League

<u>Grade</u>	<u>Referee</u>	<u>Assistant Referee</u>
First	\$133.00	\$65.00
Youth	\$ 82.00	\$48.00

District League

<u>Grade</u>	<u>Referee</u>	<u>Assistant Referee</u>
First	\$93.00	\$41.00
Reserve	\$62.00	\$37.00
Youth	\$54.00	\$27.00

2. Dual Playing Procedure

When a Player is being 'borrowed' from an Amateur or Junior Team, the Players Name and FFA Number will be recorded on the team sheet in **Red Ink** signifying that he is playing under the Dual Playing Procedure.

3. Registration Windows

Professional Players

Current window closed 5pm Thursday 28 March 2013 and re-opens Monday 3 June before closing again at 5pm on Friday 28 June (4 weeks).

Amateur Players

Amateurs can continue to be signed up until 5pm on Friday 28 June.

After this date (June 28) no further registrations will be allowed for any player in Season 2013.

ON-FIELD MISCONDUCT

YELLOW CARD OFFENCES

- a) A Yellow Card Offence is a warning from a Match Official to a Player in respect of unsporting behaviour of a less serious nature (pursuant to Law 12 of the Laws of the Game) and shall be given follows:

Code	Description
Y1	The player is guilty of unsporting conduct.
Y2	The player shows dissent by action or word.
Y3	The player persistently infringes the Laws of the Game.
Y4	The player delays the restart of play.
Y5	The player fails to respect the required distance when play is restarted with a corner kick, free kick or throw in.
Y6	The player re-enters the field of play without the Referee's permission.
Y7	The player deliberately leaves the field of play without the Referee's permission.

Table 1 – Yellow Card Offence Codes

- b) Yellow Card Offences issued during an abandoned Match will be:
- (i) Void if that Match is replayed at a later time; or
 - (ii) Upheld if that Match is not replayed at a later time.
- c) For the avoidance of doubt, if a Player receives two (2) Yellow Card Offences in a Match, resulting in a Red Card Offence, then neither caution shall be considered when accumulating cautions.

ACCUMULATION OF YELLOW CARD OFFENCES

- a) A Player who accumulates five (5) Yellow Cards Offences in a Football South Coast Competition in any one (1) Competition Season shall serve a mandatory one (1) Match Suspension. The Match Suspension shall be served immediately and shall apply in respect of those Football Activities listed in the Notice of Suspension.
- b) A Player who accumulates an additional three (3) Yellow Card Offences (in total eight (8) Yellow Card Offences) in a Football South Coast Competition in any one (1) Competition Season shall serve a mandatory 2 (two) Match Suspension as per the Table of Offences. The two (2) match suspension shall be served immediately and shall apply in respect of those Football Activities listed in the Notice of Suspension.
- c) A Player who accumulates ten (10) Yellow Card Offences in a Football South Coast Competition in any one (1) Competition Season shall serve a mandatory three (3) Match Suspension as per the Table of Offences. The three (3) match suspension shall be served immediately and shall apply in respect of those Football Activities listed in the Notice of Suspension.
- d) A Player who accumulates more than ten (10) Yellow Card Offences in Football South Coast Competitions in any one (1) Competition Season shall be required to appear before a MRC hearing in accordance with these Regulations. The MRC may impose such sanctions as it sees fit in accordance with these Regulations. A Player who is to appear before a MRC shall not be eligible to participate in any Match after receiving his or her tenth (10th) Yellow Card Offence and until he or she has appeared before the MRC and served the sanction.

- e) Yellow cards incurred in trial or friendly matches do not accumulate for the purposes of this section
- f) In the case of finals series of any competition, two yellow cards received will result in a one match suspension and yellow cards accumulated prior to the finals series will not count in the finals series unless the player has totalled 5, 8, or 10 yellow cards in the final competition round

CLUB RESPONSIBILITY FOR ACCUMULATION OF YELLOW CARD OFFENCES

- a) It is a Club's responsibility to keep accurate records of the Yellow Card Offences received by its Players regardless of whether a Player may have accumulated same while registered with a previous Club.
- b) It is a Club's responsibility to ensure that any Player who has incurred a Match Suspension serves that sanction in full.
- c) A Club must not list a Player on a team sheet as a player or named substitute who is subject to a Match Suspension.

RED CARD OFFENCES

- a) A Red Card may be issued by a Referee during a Match to expel from the match, a Participant who engages in any one of the offences listed at the Table of Offences at Schedule 2 to these Regulations.
- b) A Participant sent from the field of play during a Match shall receive Sanctions/Suspensions in accordance with the Table of Offences.
- c) Suspensions shall be served immediately and in accordance with section 11 of these Regulations.
- d) Red Cards issued during an abandoned Match will be upheld regardless of whether the Match is replayed or not.

ACCUMULATION OF RED CARDS

A Participant who accumulates more than three (3) Red Cards in Football South Coast and Football NSW Competitions in any one (1) Competition Season may be required to appear before a MRC hearing in accordance with these Regulations. The MRC may impose such sanctions as it sees fit in accordance with these Regulations. A Participant who is to appear before a MRC shall not be eligible to participate in any Match after receiving his or her fourth (4th) Red Card Offence and until he or she has appeared before the MRC and served the sanction.

CLUB RESPONSIBILITY FOR ACCUMULATION OF RED CARDS OFFENCES

- a) It is a Club's responsibility to keep accurate records of the Red Card Offences received by its Players and Officials regardless of whether a Participant may have accumulated same while registered with a previous Club.
- b) It is a Club's responsibility to ensure that any Participant who has incurred a Match Suspension serves that sanction in full.
- c) A Club must not list a Player on a team sheet who is subject to a Match Suspension.

TEAM MISCONDUCT

- a) Football South Coast will impose additional Sanctions/Suspensions on a Club for the misconduct of a team, including when:
 - (i) Five (5) Players are given Yellow Cards or Red Cards during one (1) Match;
 - (ii) Three (3) Players are given Red Cards during one (1) Match;
 - (iii) Several Players together make threats or show force against a Match Official.
 - (iv) In the case of any Football Council in accordance with its policy for team and club discipline.
- b) The relevant sanctions for team misconduct are set out at Schedule 2 to these Regulations.

SCHEDULE 2: TABLE OF OFFENCES

OFFENCES RELATED DIRECTLY TO PLAYER AND TEAM/CLUB OFFICIAL EXPULSIONS DURING A MATCH

All players and officials sent from the Field of Play or Technical Area will be subject to a Mandatory match suspension plus any additional matches determined by the Match Review Committee based on the seriousness of the offence.

In addition Team Points will be accumulated Teams in competitions conducted by the Junior Football Council in accordance with Policy.

Mandatory Suspensions will be:

First Send Off in a season:	1 Match
Second Send Off in a season:	2 Matches
Third Send Off in a season:	3 matches plus appearance before Match Review Committee

Table 2 – Mandatory Suspensions

Table of Additional Matches based on Seriousness Determined by MRC

Offence Number	Description	Comment	Range	Team Points Junior Council
R1	Serious Foul Play (Excessive force or brutality in challenging for a ball)	According to seriousness	Minimum 1	3 points
R2	Violent Conduct (Excessive force or brutality when not challenging for ball – striking, kicking, elbow)	Includes head butting, brawling	1 – 4 matches	3 points
R2	Violent Conduct of the most seriousness nature – intends significant bodily harm to any person	Can include inciting violent conduct	4 matches – 24 months	5 points
R3	Spitting at a player or any other person		8 matches – 18 months	5 points
R4/R5	Denying a Goal Scoring Opportunity		0	0 points
R6	Use of Offensive, Insulting or Abusive Language or Gestures		1 – 2 matches + 1 each occurrence	3 points
R6	Use of Discriminatory Language and/or Gestures – including racist, religious, ethnic or sexist		8 – 12 matches + 1 each occurrence	3 points
R7	Two yellow cards in a match		0	0 points
R2 or R6	Incites a brawl or melee		12 months	5 points

Table 3 – Red Card Offence Codes

SPECIFIC OFFENCES AGAINST A MATCH OFFICIAL

Offence Number	Description	Comment	Range	Team Points Junior Council
R2	Violent Conduct towards a match official: pushing, elbowing		1 year to life	10 points
R2	Violent Conduct towards Match Official – Head Butting, Striking or Kicking		Life	10 points
R3	Spitting at a match official		1 – 5 years	10 points
R6	Use of Offensive, Insulting or Abusive Language or Gestures		2 – 3 matches + 1 each occurrence	3 points
R6	Use of Discriminatory Language and/or Gestures – including racist, religious, ethnic or sexist		9 – 12 matches + 1 each occurrence	3 points

Table 4 – Specific Offences against a Match Official

The Following Fines will be applied to the Club in Men's Football Council Games in additional to any suspension for Player and Club Official Expulsions during a match or otherwise reported for behaviour on match day.

First Offence:	\$45.00
Second Offence:	\$55.00
Third Offence:	\$110.00

Table 5 – Club Fines

CAUTION FINES

The following yellow card fines will be applied to the club in Men's Premiership Competition Matches in additional to any suspension for a Player accumulating a certain number of yellow cards.

1-2 Yellow Cards	\$0
3rd Yellow Card	\$20
Each additional card ≥ 3 and ≤ 8	\$15 per card
Each additional card > 8	\$20 per card

Table 6 – Caution Fines

*Extract from Football South Coast Disciplinary and Disputes Regulations.
See your Club Secretary for a copy of the complete document*